

5 WEEK ROTATING MENU

**** REGULAR MENU ****

SAMPLE

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY (Delivered Thursday)
Vegetable Noodle Soup	Beef Barley Soup	Creamy Tomato Soup	Chicken Noodle Soup	Fish Chowder
Garlic Chicken Penne Green Peas Dessert: Lemon Loaf	Shepard's Pie Dinner Bun Dessert: Apple Slices	Chicken Parmesan Pasta w/ Tomato Sauce Green Beans Dessert: Lime Jello	Salisbury Steak w/Gravy Mashed Potato & Green Beans Dessert: Apple Crisp	Spaghetti & Meatballs w/ Tomato Sauce Garden Salad Dessert: Chocolate Pudding
Beef Burrito Bowl Whole Grain Rice w/ Veggie Mix (Edamame, Black Bean & Corn) Dessert: Vanilla Cake	Roast Turkey w/Gravy Mash Potatoes & PEI Vegetable Medley Dessert: Orange Slices	Cheese Tortellini w/ Tomato Sauce Peas & Carrots Dessert: Oatmeal Cookie	Meatloaf w/Gravy Mashed Potatoes & Green Beans Dessert: Fruit Yogurt Cup	Baked Breaded Fish Roasted Potato Wedges & Garden Salad Dessert: Butterscotch Pudding
Garlic Chicken Penne Green Peas Dessert: Cranberry Loaf	Salisbury Steak w/Gravy Mashed Potato & Green Beans Dessert: Whole Banana	Mac & Cheese California Mix Dessert: Strawberry Jello	Beef Meatballs & Gravy Mashed Potatoes & Veggie Mix (Edamame, Black Bean & Corn) Dessert: Peach Wildberry Crisp	Fish Cake w/Chow Chow Steamed Veggies Dessert: Tapioca Pudding
Chicken Parmesan Pasta w/ Tomato Sauce Green Beans Dessert: Brownie	Meatloaf w/Gravy Mashed Potatoes & Green Beans Dessert: Peach Slices	Spaghetti & Meatballs w/ Tomato Sauce Garden Salad Dessert: Apple Turnover	Shepard's Pie Dinner Bun Dessert: Yogurt Parfait	Cheese Tortellini w/ Tomato Sauce Peas & Carrots Dessert: Vanilla Pudding
Mac & Cheese California Mix Dessert: Banana Loaf	Beef Meatballs & Gravy Mashed Potatoes & Veggie Mix (Edamame, Black Bean & Corn) Dessert: Fruit Salad	Beef Burrito Bowl Whole Grain Rice w/ Veggie Mix (Edamame, Black Bean & Corn) Dessert: Grape Jello	Roast Turkey w/Gravy Mash Potatoes & PEI Vegetable Medlev Dessert: Peach Blueberry Crisp	Baked Breaded Fish Roasted Potato Wedges & Garden Salad Dessert: Lemon Pudding